

# Chakra Daily Writing Prompts

	<p>CallaPlan LLC  <a href="http://www.callaplan.com">www.callaplan.com</a>          Copyright © CallaPlan LLC, 2020.          All rights reserved.</p>	<p>Take time every day to look for and write about all the POSITIVITY in your life. Use a colored pen or marker of the same color as the chakra or prompt.</p>
<p>Joy</p>	<p>What happened today that brought you JOY?          True, simple, joy.</p>	
<p>Daily Prayer</p>	<p>Start each day expressing your deepest wishes, concerns. Let the universe hear you and your love for yourself and others.</p>	
<p>Learn</p>	<p>What did you learn today?</p>	
<p>VOICE          Speak with Love</p>	<p>How did you use your voice for good today?</p>	
<p>Gratitudes</p>	<p>♥ What are you grateful for today?          Include as many as you can!</p>	
<p>Accomplishments</p>	<p>What did you do today that left you feeling positive about yourself?</p>	
<p>Health &amp; Body</p>	<p>How did you take care of your body today?          What did you struggle with taking care of your body today?</p>	
<p>Daily Intention</p>	<p>Set a daily intention every morning to point you in the direction you want to go.</p>	
<p>Distractions          Frustrations          Grrrrremlins</p>	<p>What Gremlins showed up and tried to hijack your day?</p>	